

UČNI NAČRT PREDMETA / COURSE SYLLABUS

Predmet: Nasilje in sporazumevanje v medosebnih odnosih
Course title: Interpersonal violence and communication

Študijski program in stopnja Study programme and level	Študijska smer Study field	Letnik Academic year	Semester Semester
Pravo - 3. stopnja	Alternativno reševanje sporov	2.	1.
Law - 3rd degree	Alternative dispute resolution	2.	1.

Vrsta predmeta / Course type

Izbirni / Elective

Univerzitetna koda predmeta / University course code:

Predavanja Lectures	Seminar Seminar	Sem. vaje Tutorial	Lab. vaje Laboratory work	Teren. vaje Field work	Samost. delo Individ. work	ECTS
20	0	0	0	0	230	10

Nosilec predmeta / Lecturer:

doc. dr. Luigi Varanelli/Assist. Prof. Luigi Varanelli, PhD

**Jeziki /
Languages:**

**Predavanja /
Lectures:** Slovenski jezik/Slovenian/Angleški jezik/English
Vaje / Tutorial:

Pogoji za vključitev v delo oz. za opravljanje študijskih obveznosti:

Študent izbere predmet izmed predloženih vsebin predmetnika

Vsaj 80% prisotnost na predavanjih.

Prerequisites:

The student chooses the course in the curriculum.

At least 80% attendance at lectures.

Vsebina:**Content (Syllabus outline):**

1. Nasilje v družbi, družini in medosebnih odnosih

2. Nasilje intimnih partnerjev:

- Razsežnosti problematike – merjenje nasilja v partnerskih odnosih, umor kot skrajni izid
- Dinamika nasilja v partnerskih odnosih
- Dejavniki tveganja- vezani na posameznika, odnos, skupnost in družbo/kulturo
- Posledice nasilja v partnerskih odnosih
- Preventivni dejavniki – podpora žrtvam, pravni ukrepi in zakonske reforme, obravnava povzročiteljev nasilja, delovanje javnega zdravstva, odzivi skupnosti
- Priporočila – raziskovanje, krepitev neformalnih virov pomoči, vlaganje v primarno prewencijo

3. Zlorabe in nasilje nad starejšimi:

- Zlorabe starejših
- Razsežnosti problema – domače in institucionalno okolje
- Dejavniki tveganja – individualni, skupnostni, družbeni in dejavniki v medosebnih odnosih
- Posledice
- Preventivni dejavniki – lokalni, nacionalni in mednarodni odzivi in pristopi
- Priporočila – večanje znanje, zakonska ureditev, učinkovitejše preventivno delovanje

4. Koncept in konstrukt komunikacijskega polja

4.1 Obravnava t.i. težavnih situacij:

- Učinek pričakovanja
- Občutek lastne vrednosti
- Intuicija, potrpežljivost, transfer, dejavno pozorno poslušanje
- Zaupanje

4.2 Posebnosti komunikacije in komunikacijskih motenj, ki ovirajo (med)osebni stik:

- Stališča
- Predsodki in stereotipi
- Manipulacija/zloraba

5. Nasilje in percepcija nasilja

- Nasilje v medosebnih odnosih

1. Violence as societal, domestic and/or interpersonal phenomenon

2. Violence by intimate partners:

- The extent of the problem – measuring partner violence, partner violence and murder
- The dynamics of partner violence
- The risk factors for intimate partner violence – individual factors, relationship factors, community factors, societal factors
- The consequences of intimate partner violence
- The prevention factors – support for victims, legal remedies and judicial reforms, treatment for abusers, health service interventions, community based efforts
- Recommendations – research on intimate partner violence, strengthening informal sources of support, investing in primary prevention

3. Abuse of elderly:

- The elder abuse
- The extent of the problem – domestic settings, institutional settings
- The risk factors for elder abuse – individual factors, relationship factors, community and societal factors
- The consequences of elder abuse
- The prevention factors – responses at national level, local responses
- Recommendations – greater knowledge, stronger laws, more effective prevention strategies

4. The concept and construct of the communication field

4.1 Dealing with so-called difficult situations:

- The effect of expectations
- A sense of self-worth
- Intuition, patience, transfer, active attentive listening
- Trust

4.2 Special features of communication and difficulties in (inter) personal contact:

- Attitudes
- Prejudices and stereotypes

○ Nasilje v besedi in dejanjih

○ Manipulation/Abuse

5. Violence and the perception of violence

○ Violence in interpersonal relationships

○ Types of violence (verbal, physical, etc.)

Temeljni literatura in viri / Readings:

Obvezna literatura:

VARANELLI Luigi, Pravo in psihologija, Ljubljana, 2022, MLC Fakulteta za management in pravo;

Priporočljiva literatura:

1. SELIČ, Polona. Načela sporazumevanja v družinski medicini. V: ŠVAB, Igor (ur.), ROTAR-PAVLIČ, Danica (ur.). *Družinska medicina : učbenik*. Ljubljana: Združenje zdravnikov družinske medicine, 2012, str. 157-174. [COBISS.SI-ID [30162137](#)]
2. SELIČ, Polona. *Novi odročnik : nebesedno sporazumevanje za vsakdanjo rabo*. Ljubljana: Inštitut za psihofiziološke študije Pares, 2007. 235 str., ilustr. ISBN 978-961-92179-0-0. [COBISS.SI-ID [234629120](#)]
3. SELIČ, Polona. Nasilje v družini. V: ŠVAB, Igor (ur.), ROTAR-PAVLIČ, Danica (ur.). *Družinska medicina : učbenik*. Ljubljana: Združenje zdravnikov družinske medicine, 2012, str. 311-326. [COBISS.SI-ID [30166745](#)]
4. SELIČ, Polona, PESJAK, Katja, KERSNIK, Janko. The prevalence of exposure to domestic violence and the factors associated with co-occurrence of psychological and physical violence exposure : a sample from primary care patients. *BMC public health*, ISSN 1471-2458, 2011, vol. 11, issue 1, str. 621. <http://www.biomedcentral.com/1471-2458/11/621>, doi: [10.1186/1471-2458-11-621](https://doi.org/10.1186/1471-2458-11-621). [COBISS.SI-ID [28720857](#)]
5. KOPČAVAR GUČEK, Nena, ŠVAB, Igor, SELIČ, Polona. The prevalence of domestic violence in primary care patients in Slovenia in a five-year period (2005-2009). *Croatian medical journal*, ISSN 0353-9504, 2011, vol. 52, issue 6, str. 728-734, doi: [10.335/cmj.2011.52.728](https://doi.org/10.335/cmj.2011.52.728). [COBISS.SI-ID [29283545](#)]
6. SELIČ, Polona, ŠVAB, Igor, KOPČAVAR GUČEK, Nena. How many Slovenian family practice attendees are victims of intimate partner violence? A re-evaluation cross-sectional study report. *BMC public health*, ISSN 1471-2458, 2013, vol. 13, no. 703. <http://www.biomedcentral.com/1471-2458/13/703>, doi: [10.1186/1471-2458-13-703](https://doi.org/10.1186/1471-2458-13-703). [COBISS.SI-ID [30742233](#)]
7. SELIČ, Polona, ŠVAB, Igor, KOPČAVAR GUČEK, Nena. A cross-sectional study identifying the pattern of factors related to psychological intimate partner violence exposure in Slovenian family practice attendees : what hurt them the most. *BMC public health*, ISSN 1471-2458, 2014, vol. 14, no. 223. <http://www.biomedcentral.com/1471-2458/14/223/abstract>, doi: [10.1186/1471-2458-14-223](https://doi.org/10.1186/1471-2458-14-223). [COBISS.SI-ID [31186905](#)]
8. KOPČAVAR GUČEK, Nena, SELIČ, Polona. Depression in intimate partner violence victims in Slovenia : a crippling pattern of factors identified in family practice attendees. *International journal of environmental research and public health*, ISSN 1660-4601, Jan. 2018, vol. 15, iss. 2, str. 1-16. <http://www.mdpi.com/1660-4601/15/2/210>, doi: [10.3390/ijerph15020210](https://doi.org/10.3390/ijerph15020210). [COBISS.SI-ID [33611993](#)], [JCR, SNIP]
9. SELIČ, Polona. Prevalence of intimate partner violence and related interventions in family medicine : a review with special emphasis on the state of affairs in Slovenia. *OA family medicine*,

ISSN 2052-8922, Mar. 2013, vol. 1, iss. 1. <http://www.oapublishinglondon.com/article/473>. [COBISS.SI-ID [30756825](#)]

10. SELIČ, Polona. Dejavno odkrivanje in pogostost nasilja v družini : podatki in osnova za sodelovanje med strokami. V: DVORŠEK, Anton (ur.), SELINŠEK, Liljana (ur.). *Nasilje v družini : kazensko pravni, kriminalistični in kriminološki problemi*. Ljubljana: Fakulteta za varnostne vede: Pravna fakulteta, 2010, str. 31-44. [COBISS.SI-ID [1866986](#)]
11. Barrett LF, Lewis M, Haviland-Jones JM. *Handbook of emotions* (4th Edition). Guilford Press: New York, London 2016.
12. Selič - Zupančič P. Depression in intimate partner violence victims in Slovenia: a crippling pattern of factors identified in family practice attendees. *International journal of environmental research and public health*, ISSN 1660-4601. [Online ed.], Jan. 2018, vol. 15, iss. 2, str. 1-16. <http://www.mdpi.com/1660-4601/15/2/210>, doi: 10.3390/ijerph15020210.
13. Dahlberg LL, Krug EG. Violence – a global public health problem. In: Krug EG, Dahlberg LL, Mcec JA, Zwi AB, Lozano R, eds. *World report on violence and health*. Geneva: World Health Organization; 2002. P. 1-22.
14. Selič P. Prevalence of intimate partner violence and related interventions in family medicine : a review with special emphasis on the state of affairs in Slovenia. *OA family medicine*, ISSN 2052-8922, Mar. 2013, vol. 1, iss. 1. <http://www.oapublishinglondon.com/article/473>.

Cilji in kompetence:

Zagotoviti pregled, analizo in razpravo o ključnih konceptih in spoznanjih, povezanih z obravnavo nasilja v medosebnih odnosih; osvetliti pomen kulture nasilja, vzrokov, razsežnosti in posledic, kot tudi možnih in preverjenih odzivov na različnih ravneh. Seznaniti študente s priporočili in primeri raziskovalnih modelov ter raziskati delovanje nasilnega diskurza v komunikaciji.

Dodatno predmet zagotovi pregled, analizo in razpravo o ključnih konceptih psihologije komunikacije in stresa za pravne poklice.

Učna enota prispeva k razvoju naslednjih splošnih in specifičnih kompetenc:

- občutljivost (osveščenost) za družbeno okolje
- občutljivost za družbene pojave (stališča, predsodki, stereotipi, nasilje)
- sintetično, analitično in ustvarjalno mišljenje in problemsko znanje

Objectives and competences:

The purpose of the course is to provide a forum for the review, analysis and discussion of the major empirical and “theoretical” literature pertinent to interpersonal violence; to describe the culture of violence; to make a contribution to understanding of violence and its impacts on societies, to illuminate the different types of violence, to advance the analysis of the factors that lead to violence and the possible responses of different sectors of society and to describe and make recommendations for action on the local and national levels. Aside from research challenges, another emphasis will be on the practitioners dealing with violent attitudes in clients and with violence as a phenomenon.

Additionally, the course will provide an overview, analysis and discussion of the key concepts of psychology, communication and stress for legal professions.

The course contributes to the development of general and specific competences as follows:

- avtonomnost, (samo)kritičnost, (samo)refleksivnost, (samo)evalviranje in prizadevanje za kakovost
- ustvarjanje spodbudnega (učnega) vzdušja, medsebojnih odnosov in učinkovito razreševanje problemov v medosebnih odnosih
- sodelovanje (s sodelavci in drugimi)
- sporazumevanje (besedno in nebesedno)
- poravnavanje s stresom
- občutljivost za (so)ljude in socialne situacije
- razumevanje in uporaba strokovnega znanja
- raziskovalni pristop in usmerjenost v reševanje problemov.

- Sensitivity (awareness) of the social environment
- Sensitivity to social phenomena (personal views and attitudes, prejudices, stereotypes, violence)
- Synthetic, analytical and creative thinking skills and problem-solving
- Autonomy, (self-) criticism, (self-) reflexivity, (self-) evaluation and quest for quality
- Creating a supportive (learning) environment, a climate of interpersonal relations and effective problem-solving in interpersonal relationships
- Co-operation (with co-workers and others)
- Communication (verbal and non-verbal)
- Coping with stress
- Sensitivity to other people and social situations
- Understanding and use of expertise
- Research approach towards professional situations and focus on problem-solving.

Predvideni študijski rezultati:

Znanje in razumevanje: (študent)

- pozna temeljne koncepte psihologije komunikacije, stresa in dejavnike v družbenem okolju
- razume dinamiko v komunikacijskem procesu
- razume dinamiko v medosebnih odnosih
- razume interaktivno delovanje stresorjev
- razume delovanje stališč, predsodkov in stereotipov v socialni percepciji in komunikaciji
- razume delovanje nasilja v medosebnih odnosih in komunikaciji
- pozna sodobne teorije, pristope k raziskovanju in koncepte nasilja v medosebnih odnosih

Uporaba: (študent)

- uporablja pridobljeno znanje in veščine v medosebnih odnosih in komunikaciji

Intended learning outcomes:

Knowledge and Understanding: (Student)

- has knowledge of the basic concepts of psychology, communication, and stress in the social environment
- understands the dynamics of the communication process
- understands the dynamics of interpersonal relationships
- understands the operation of interactive stressors
- understands the functioning of personal views, prejudices and stereotypes in social perception and communication
- understands the operation of violence in interpersonal relationships and communication
- knows and understands relevant theoretical issues, research concepts and strategies within the framework of violence in interpersonal relations

<ul style="list-style-type: none"> • uporablja konstruktivne strategije poravnavanja s stresom v medosebnih odnosih <p>Refleksija: (študent)</p> <ul style="list-style-type: none"> • pozna proces refleksije in njen pomen v učenju; sposobnost za refleksijo dokazuje ob svojem praktičnem ravnanju <p>Prenosljive spretnosti: (študent)</p> <ul style="list-style-type: none"> • razvije spretnosti in veščine v načrtovanja in analitične veščine • razvije zmožnost večkulturnega razumevanja ter razvije kritično razmerje do družbenih pojavov

<p>Use: (student)</p> <ul style="list-style-type: none"> • applies knowledge and skills in interpersonal relations and communication • uses constructive (active) coping strategies in stressful situations and interpersonal relationships <p>Reflection: (student)</p> <ul style="list-style-type: none"> • becomes familiar with the process/ability of (self) reflection and its importance in learning; the ability is demonstrated in practical handling <p>Transferable skills: (student)</p> <ul style="list-style-type: none"> • develops planning and analytical skills • develops multicultural understanding and critical insight in social phenomena

Metode poučevanja in učenja:

<p>Predavanja, seminarji, študije primerov, diskusije, individualni projekt; individualne konzultacije s predavateljico.</p> <p>Del obvezne literature bo predmet on-line diskusij.</p> <p>Oblike dela:</p> <p><input checked="" type="checkbox"/> Frontalna oblika poučevanja</p> <p><input checked="" type="checkbox"/> Delo v manjših skupinah oz. v dvojicah</p> <p><input checked="" type="checkbox"/> Samostojno delo študentov</p> <p><input checked="" type="checkbox"/> e-učenje</p> <p><input type="checkbox"/> drugo (vpišite) _____</p> <p>Metode (načini) dela:</p> <p><input checked="" type="checkbox"/> Razlaga</p> <p><input checked="" type="checkbox"/> Razgovor/ diskusija/debata</p> <p><input checked="" type="checkbox"/> Delo z besedilom</p> <p><input checked="" type="checkbox"/> Proučevanje primera</p> <p><input type="checkbox"/> Igra vlog</p> <p><input checked="" type="checkbox"/> Druge vrste nastopov študentov</p> <p><input checked="" type="checkbox"/> Reševanje nalog</p> <p><input type="checkbox"/> Študijski obiski podjetij ipd.)</p> <p><input type="checkbox"/> Vključevanje gostov iz prakse</p> <p><input checked="" type="checkbox"/> Udeležba na okrogli mizi, na konferenci</p>
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Learning and teaching methods:

<p>Lectures, seminars, case analyses, individual project, discussions and individual consultations with the lecturer.</p> <p>Part of the mandatory literature will be the subject of on-line discussions.</p> <p>Types of learning/teaching:</p> <p><input checked="" type="checkbox"/> Frontal teaching</p> <p><input checked="" type="checkbox"/> Work in smaller groups or pair work</p> <p><input checked="" type="checkbox"/> Independent students work</p> <p><input checked="" type="checkbox"/> e-learning</p> <p><input type="checkbox"/> other _____</p> <p>Teaching methods:</p> <p><input checked="" type="checkbox"/> Explanation</p> <p><input checked="" type="checkbox"/> Conversation/discussion/debate</p> <p><input checked="" type="checkbox"/> Work with texts</p> <p><input checked="" type="checkbox"/> Case studies</p> <p><input type="checkbox"/> Role-play</p> <p><input checked="" type="checkbox"/> Different presentation</p> <p><input checked="" type="checkbox"/> Solving exercises</p> <p><input type="checkbox"/> Field work (e.g. company visits)</p> <p><input type="checkbox"/> Inviting guests from companies</p> <p><input checked="" type="checkbox"/> Attending round table and conference</p>

Načini ocenjevanja:	Delež (v %) / Weight (in %)	Assessment:
Seminarska naloga do 100 točk Seminarska naloga kot pregledni znanstveni članek (sistematični pregled literature v dogovoru z nosilko).	100 %	Coursework up to 100 points Systematic literature review on selected/agreed upon a topic.

Reference nosilca / Lecturer's references:

Varanelli, Luigi. Neprištevnost med pravom in psihopatologijo. V: Pravna praksa : PP : časopis za pravna vprašanja. ISSN 0352-0730. - Leto 31, št. 34 (6. sep. 2012), str. II-VIII

Varanelli, Luigi: Spomin : soočenje prava s spominom. *Odvetnik : glasilo Odvetniške zbornice Slovenije*. ISSN 1408-9440. - Leto 17, št. 5 (zima 2015), str. 32-35, 83

Varanelli, Luigi. Vzroki duševnih bolezni : nekaj razmislekov o smiselnosti današnje ureditve varnostnih ukrepov. *Dnevi slovenskih pravnikov*. ISSN 2536-2011 (2015). - str. 24-25

Varanelli, Luigi. Vzroki duševnih bolezni – Nekaj razmislekov o smiselnosti današnje ureditve varnostnih ukrepov, *Dnevi slovenskih pravnikov*. ISSN 2536-2011 (2016). - str. 18-19

Varanelli, Luigi. Vpliv medijev na sodnikovo odločitev Pravna praksa : PP : časopis za pravna vprašanja. ISSN 0352-0730. - Leto 33, št. 8 (27. feb. 2014), str. II-VI